



KIDS CLASSES

DAY	CLASS	TIME	AGE GROUP
MONDAY	Beginners (White belts)	5:00 - 5:45 pm	age 5 - 10
TUESDAY	Little Champions	5:00 - 5:45 pm	age 5 - 7
WEDNESDAY	Tiny Champions Juniors	4:15 - 4:45 pm 5:00 - 5:45 pm	age 3 - 4 age 8 - 10
THURSDAY	Teens	5:00 - 5:45 pm	age 11 - 14
SATURDAY	Tiny Champions Little Champions Juniors Teens	9:00 - 9:30 am 9:30 - 10:15 am 10:15 - 11:00 am 11:00 - 11:45 am	age 3 - 4 age 5 - 7 age 8 - 10 age 11 - 14